



CANADIAN FEDERATION OF INDEPENDENT GROCERS
FÉDÉRATION CANADIENNE DES ÉPICIERS INDÉPENDANTS

SUMMER MEETING 2026

WHISTLER VILLAGE • AUGUST 2026



We re so glad that you re able to contribute and Join us in Whistler Village for the CFG Summer Meeting, designed for productive discussion, relaxed networking, family gathering, and time to experience one of Canada s most iconic CFG member destinations!

Meeting Style	Collaborative, practical, and relationship-focused.
Dress Code	Business casual. Think polished but comfortable: blazer or cardigan, collared shirt or blouse, dress pants, chinos, skirts, or smart casual dresses. Comfortable walking shoes are recommended for village paths, parks and cobbled stone walkways (if you’re going to bring heels, wedges are best)
August Weather Note	Pack light layers. Days are typically warm and active; mornings and evenings can be around 5 degrees cooler, especially up in the mountains.

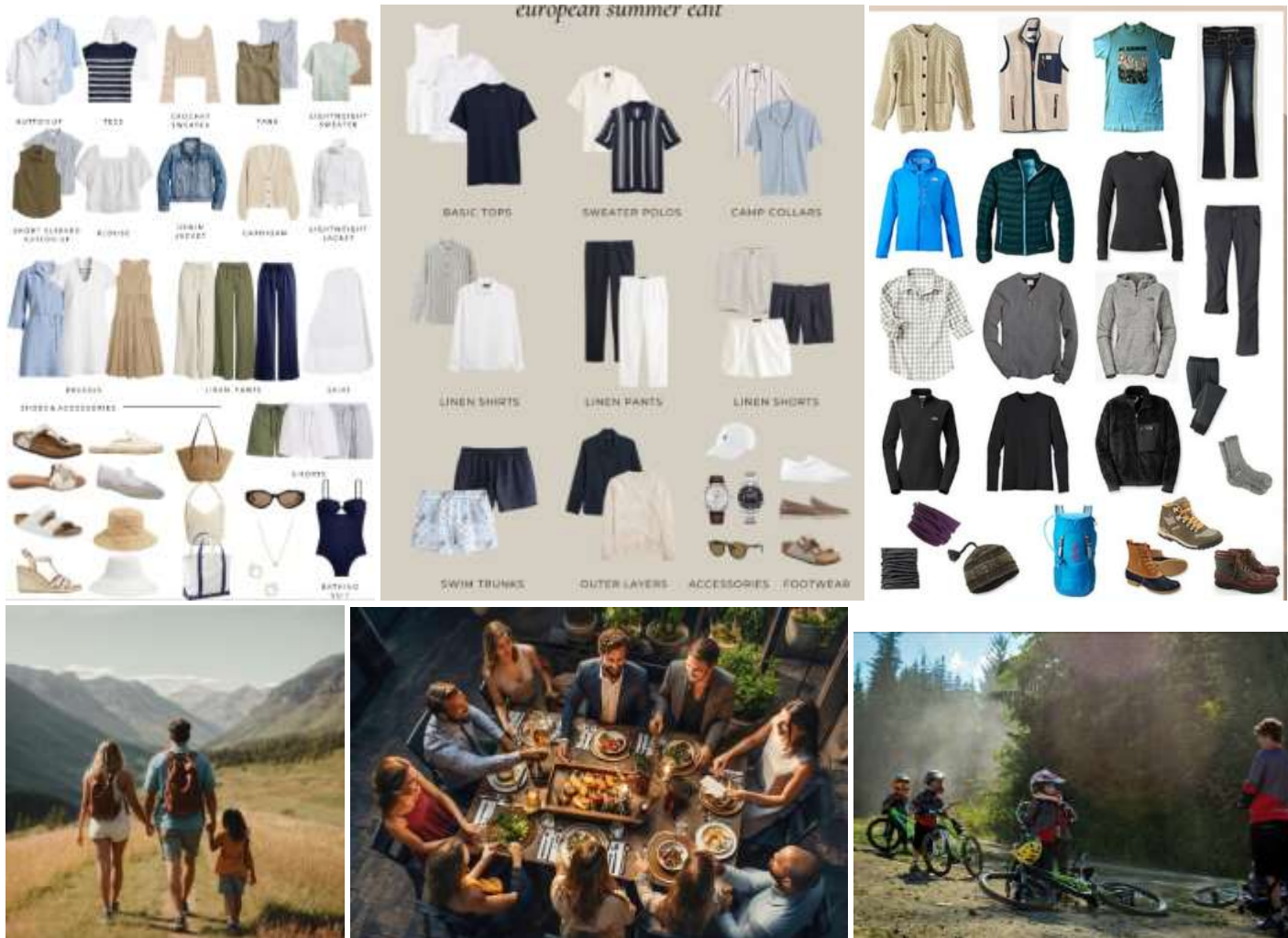
How to Enjoy Whistler Village

- **Explore on foot:** The village is pedestrian-friendly, with shops, cafés, patios, galleries, and mountain views throughout the stroll.
- **Make time for the outdoors:** Popular summer options include alpine sightseeing, the PEAK 2 PEAK Gondola, hiking, biking, lakeside walks, paddling, ziplining, golf, and spa time.
- **Book ahead:** August is peak summer season, so reserve restaurants, activities, bike rentals, and sightseeing tickets early where possible.
- **Go car-light:** Once in the village, walking, shuttles, bikes, and local transit are often easier than driving.
- **Enjoy the evenings:** Bring a light layer for patio dinners, outdoor concerts, and relaxed networking after sessions.

Quick Packing Notes

Bring business casual meeting attire, comfortable walking shoes, sunglasses, sunscreen, a reusable water bottle, and a light jacket or sweater for cooler mountain evenings. Dinners are all village/resort-to-business casual. Linen, natural materials and pieces for layering are a good idea – flats, wedges and practical shoes are recommended as walkways are often grass, gravel or stone.

If you plan to hike – sturdy running shoes, trail shoes or hiking boots are a good idea, as well as a lightweight backpack for day-trips!



KIDS! *

If you have kids or teens in Tow – here are a few quick tips

Before we even GET to #1 – YES the hotel has a pool! Goggles, swimsuits, slides – pack it 😊

- 1) Layers for kids, sunscreen, hats, health card, any meds needed – especially if you are booking any activities like mountain biking, white water rafting etc.
- 2) We will have our annual friendship bracelet making table set up for the kids to swap bracelets and contact – if your kids have phones or ipads – many of them like to swap contacts and stay in touch between summer meetings - messenger kids, snapchat etc.
- 3) Take a little time to do some pre-trip googling – based on your families tastes – make plans, and reservations but leave some time to explore and take it all in! especially to drive up to whistler! (see the sea-to-sky highway map & document for ideas)

- 4) See below – the Roster of Kids by age-group for reference – please note – our CFG family takes care of each other! Many of our older teens are happy to help out with littles so that you can maximize your networking time.

Family Travel Essentials

- 5) Refillable water bottles
- 6) Layers for changing mountain weather
- 7) Sunscreen and hats
- 8) Comfortable walking shoes
- 9) Bathing suits for lake days + wet bag
- 10) Bike gloves and helmets if riding
- 11) Bug spray for evening adventures
- 12) A light rain jacket (just in case!)
- 13) Phone charger or power bank for all the photo opportunities

Family Adventures & Must-Do Activities

COWS Ice Cream

A Whistler staple and a guaranteed crowd-pleaser. Stop by for a scoop (or two) while wandering the Village.

The Adventure Group & Vallea Lumina

From ziplining and high-ropes courses to white water rafting, The Adventure Group offers activities for every thrill level. For a unique evening experience, don't miss Vallea Lumina, an immersive forest walk that's magical for both kids and adults.

Whistler Mountain Bike Park

Known as one of the best bike parks in the world, Whistler Bike Park offers trails and lessons for all ages and ability levels, making it a fun family activity.

Peak 2 Peak Gondola & Alpine Hiking

Take the gondola to the top of Whistler Mountain and explore scenic alpine trails such as Harmony Lake, Half Note, or High Note. Complete the experience taking the Peak 2 Peak Gondola over to Blackcomb and enjoy lunch at Christine's.

Spend a Day at the Lake

Alta Lake and Lost Lake are popular family favourites with warmer water temperatures for swimming and paddleboarding. Looking to really cool off? Take the plunge in Green Lake or Alpha Lake, both glacier-fed swimming spots.

Train Wreck Trail

An easy, family-friendly hike featuring colourful graffiti-covered train cars, forest trails, and a suspension bridge overlooking the Cheakamus River.

Olympic Rings Photo Opportunity

Capture a family photo at Olympic Plaza, a lasting reminder of your visit to the host mountain resort of the 2010 Winter Olympics.

Great Glass Elevator Candy Shop

A fun stop for kids and adults alike. You never know what nostalgic candy classic you'll discover inside.

Golf in the Mountains

Tee off at Nicklaus North or the Fairmont Chateau. For a day trip, head north to Pemberton and experience Big Sky Golf Club or Sunstone Golf Course, both offering breathtaking mountain backdrops.

Family-Friendly Food

Splitz Grill

A local favourite serving delicious burgers and shakes. Perfect for a casual family meal after a busy day of exploring.

Whistler Samurai Bowl

Fresh, healthy, and affordable, this local favourite is an excellent lunch option for families looking for something quick and satisfying.

Ohyama Ramen

Warm, comforting ramen makes this a great stop on a cooler day in the village.

Sushi Village

One of Whistler's most popular dinner spots, serving creative sushi rolls in a lively atmosphere that appeals to all ages.

Après, Patios & Local Drinks

Coast Mountain Brewing

Craft beer enthusiasts will appreciate this local brewery. Feeling hungry? Grab a pizza from nearby Functional Pie on your way over and enjoy the perfect pairing.

Dubh Linn Gate

Looking for a casual patio? Dubh Linn Gate is a Whistler classic with hearty food, outdoor seating, and great atmosphere. In the evenings, expect great drinks, live music, and a lively crowd.

Classic Whistler Après

After a day on the trails or in the bike park, Merlins and Dusty's are iconic Whistler après spots where you can relax, refuel, and often enjoy live music and dancing.

Cocktails & Great Nights Out

Rimrock

A true Whistler institution and one of the town's most celebrated dining experiences, perfect for a special evening out.

Bar Oso & Red Door Bistro

Looking for a date night? Enjoy tapas and cocktails at Bar Oso or an intimate dining experience at Red Door Bistro.

Day Trip to Pemberton

The Beer Farmers

A favourite local brewery featuring stunning mountain views, a food truck, and farm animals (including mini-Highland cows) that kids love to visit.

Copper Cayuse Outfitters

Experience the backcountry on horseback and explore the stunning landscapes of the Pemberton Valley from a whole new perspective.

Peak 2 Peak Gondola Experience – Saturday Participants

For those participating in the **Peak 2 Peak Gondola Experience** on Saturday, please review the attached group assignments. Each gondola cabin accommodates a maximum of **8 guests**.

We have purchased **77 Adult**, **10 Teen**, and **4 Child** tickets. **Children under 7 years of age (Tots)** receive complimentary admission and do not require a ticket, for a total of **93 registered participants**.

Please double-check that everyone in your family has been included on the attached list. If any changes are required, please let us know as soon as possible.

The gondola begins operating at **10:00 a.m.** and runs continuously throughout the day, with a new gondola departing approximately every **30 seconds**.

On Saturday, we will board from the **Whistler** side, as we will be departing from the **Blackcomb** side for our Friday evening event. This provides a different experience and perspective from the route taken on Friday.

Andrea will be sending all participants a link to prepay for their tickets.

Tickets will be distributed on **Friday evening**



BUNNY HILL EXPLORERS



Ages 8 & Under • First-time adventurers!

Name	Age	Family
 Piper Bradley	1.5 yrs	Bradley Family
 Harper Cavin	3 yrs	Cavin Family
 Alyssa Batke	5 yrs	Batke Family



BiG Kid Crew



Ages 9-12 • Ready to explore the mountain!

Name	Age	Family
 Flynn Sharpe	9 yrs	Sharpe Family
 Isaac Rabba	9 yrs	Rabba Family
 Riley Sharpe	10 yrs	Sharpe Family
 Elizabeth Collaton	11 yrs	Collaton Family



Whistler TEEN SQUAD



Ages 13-18 • Conquering Blackcomb & Whistler!

	Name	Age	Family
	Emma Bernaudo	13 yrs	Bernaudo Family
	Jack Rabba	13 yrs	Rabba Family
	John Wilson	13 yrs	Wilson Family
	William Collaton	13 yrs	Collaton Family
	Mia Taylor	13 yrs	Taylor Family
	Hayden Cromwell	14 yrs	Kennedy Family
	Maisy Pritchett	14 yrs	Pritchett Family
	Olivia Higdon	14 yrs	Higdon Family
	Elijah Lee	16 yrs	Kwon Family
	Hannah Kennedy	16 yrs	Kennedy Family
	Jazz Higuera	16 yrs	Wildish Family
	Georgia Higdon	17 yrs	Higdon Family
	Tristan Taylor	17 yrs	Taylor Family
	Charlotte Lee	18 yrs	Kwon Family

◆ **BLACK DIAMOND LEGENDS** ◆

Ages Under 30 • The "Adult-ish" crew!

	Jayden Higuera	19 yrs	Wildish Family
	Sophia Harrack	21 yrs	Harrack Family
	Daisy Harrack	23 yrs	Harrack Family
	Ethan Welke	Adult-ish	Welke Family
	Dakota Gerbrandt-Srigley	Adult-ish	Welke Family
	Karsyn Welke	Adult-ish	Welke Family
	Lucas Langlois	Adult-ish	Welke Family



Rylan Welke

Adult-ish

Welke Family